



2023 Apollo Projects NZ Swimming C...



Swimming New Zealand



LIVE

Points

Swimmers

Files

Scoreboard

- Session 1 Sat | 10:10 AM
- Session 2 Sat | 05:40 PM
- Session 3 Sun | 10:10 AM
- Session 4 Sun | 05:40 PM
- Session 5 Mon | 10:10 AM
- Session 6 Mon | 05:40 PM
- Session 7 Tue | 10:10 AM
- Session 8 Tue | 05:40 PM

Session 1 Saturday 10:10 AM		
1	10:10 AM	400m Individual Medley M...
101	10:21 AM	50m Breaststroke Women ...
102	10:23 AM	50m Breaststroke Men Mu...
2	10:25 AM	1500m Freestyle Women F...
3	10:26 AM	400m Individual Medley W...
105	10:39 AM	100m Backstroke Men Mul...
106	10:44 AM	100m Backstroke Women ...
4	10:46 AM	800m Freestyle Men Final

3 **400m Individual Medley Women Heat** Official

Entries Heats

Total						
Rank	Competitor	Age	Club	RT	FINA	Result
1	McCarthy G...	20	Hamilton Aq...	+0.73		4:51.97 Entry: 4:50.13 (+ 1.84) Q
		50m: 31.55	100m: 1:07.71 (36.16)			
		150m: 1:45.08 (37.37)	200m: 2:21.92 (36.84)			
		250m: 3:02.25 (40.33)	300m: 3:43.14 (40.89)			
		350m: 4:18.24 (35.10)	400m: 4:51.97 (33.73)			
2	Rasmussen ...	22	Kiwi West A...	+0.70		4:53.40 Entry: 4:41.81 (+ 11.59) Q
		50m: 30.79	100m: 1:05.39 (34.60)			
		150m: 1:42.60 (37.21)	200m: 2:19.29 (36.69)			
		250m: 3:01.39 (42.10)	300m: 3:43.79 (42.40)			
		350m: 4:19.13 (35.34)	400m: 4:53.40 (34.27)			
3	Chmiel Hope	17	Vikings Swi...	+0.77		5:03.01 Entry: 5:02.06 (+ 0.95) Q
		50m: 32.19	100m: 1:08.25 (36.06)			
		150m: 1:46.15 (37.90)	200m: 2:24.65 (38.50)			
		250m: 3:07.79 (43.14)	300m: 3:51.61 (43.82)			
		350m: 4:28.44 (36.83)	400m: 5:03.01 (34.57)			
4	Twose Char...	18	Coast Swim...	+0.70		5:05.83 Entry: 5:04.94 (+ 0.89) Q
		50m: 31.89	100m: 1:08.13 (36.24)			
		150m: 1:46.99 (38.86)	200m: 2:24.65 (37.66)			
		250m: 3:09.62 (44.97)	300m: 3:55.34 (45.72)			
		350m: 4:31.35 (36.01)	400m: 5:05.83 (34.48)			
5	Tassicker N...	17	Nga Tai Tuat...	+0.79		5:05.84 Entry: 5:10.12 (- 4.28) Q
		50m: 30.92	100m: 1:06.39 (35.47)			
		150m: 1:44.70 (38.31)	200m: 2:22.49 (37.79)			
		250m: 3:06.64 (44.15)	300m: 3:52.75 (46.11)			
		350m: 4:30.72 (37.97)	400m: 5:05.84 (35.12)			
6	Finer Emilia	18	Neptune Swi...	+0.72		5:08.76 Entry: 5:09.35 (- 0.59) Q
		50m: 32.02	100m: 1:08.69 (36.67)			
		150m: 1:48.90 (40.21)	200m: 2:28.33 (39.43)			
		250m: 3:14.41 (46.08)	300m: 4:01.30 (46.89)			
		350m: 4:35.76 (34.46)	400m: 5:08.76 (33.00)			
7	Fowler Sam...	18	Pirates Swim...	+0.78		5:21.30 Entry: 5:19.82 (+ 1.48) Q
		50m: 32.70	100m: 1:10.37 (37.67)			
		150m: 1:50.79 (40.42)	200m: 2:30.10 (39.31)			
		250m: 3:17.88 (47.78)	300m: 4:07.07 (49.19)			
		350m: 4:45.22 (38.15)	400m: 5:21.30 (36.08)			
8	Nelson Holly	15	North Shore ...	+0.74		5:26.28 Entry: 5:21.92 (+ 4.36) Q
		50m: 33.71	100m: 1:12.67 (38.96)			

150m: 1:53.31 (40.64) 200m: 2:32.21 (38.90)
250m: 3:22.70 (50.49) 300m: 4:13.14 (50.44)
350m: 4:50.45 (37.31) 400m: 5:26.28 (35.83)

9  **Uys Heidi**

17 Swim Timaru +0.71

5:29.72
Entry: 5:22.61 (+ 7.11)

50m: 33.95 100m: 1:13.55 (39.60)
150m: 1:56.41 (42.86) 200m: 2:38.12 (41.71)
250m: 3:25.07 (46.95) 300m: 4:12.09 (47.02)
350m: 4:51.45 (39.36) 400m: 5:29.72 (38.27)